

# Age Friendly Knox Project Dashboard



**November 2021**  
**Project Status**  
**On track**

## 2019: Project Established

Knox joined the WHO Global Network of Age Friendly Cities and Communities

Detailed Project Plan developed

## 2020: Project Planning

Age-friendly Team established

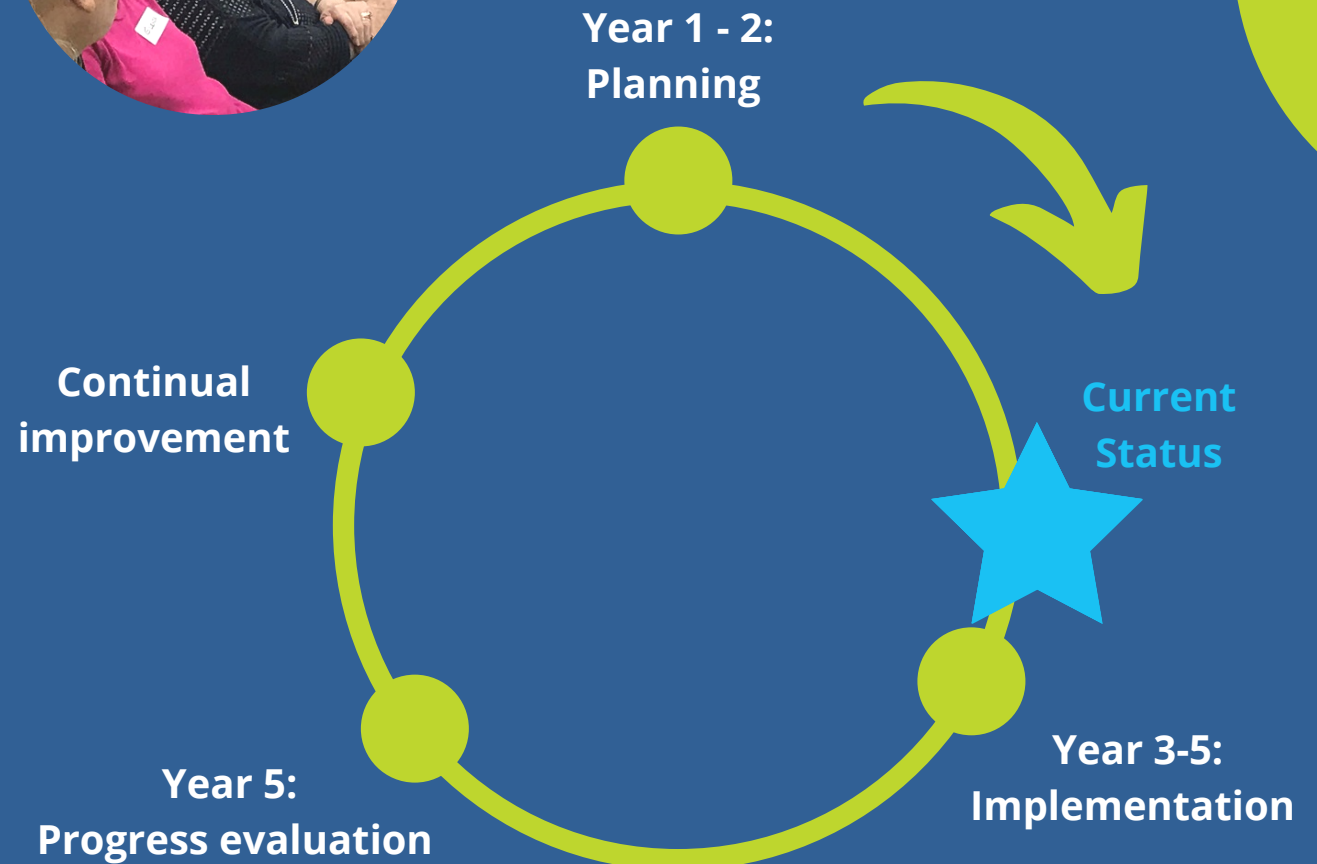
Mechanisms to involve older people strengthened

Baseline assessment conducted

## 2021: Project Planning

Action Plan drafted

(Child Youth and Seniors Plan)





## What we have achieved so far

### **Mechanisms strengthened**

- Knox Bright Ideas Network
- Knox Active Ageing Advisory Committee
- Age Friendly Futures Project Team

### **Baseline established**

- 1,182 residents completed the Age Friendly Knox survey
- Age Friendly Knox Survey Results 2020 infographic developed

### **Focus Group Discussions held**

- Affordable and Alternative Housing (12 attendees)
- Gardening Services and Supports (25 attendees)
- Building Confidence through Physical Activity (7 attendees)
- Internet Access and Computer Skills (13 attendees)

### **Project Team Meetings held**

- 9 meetings held
- 78% avg. meeting attendance

### **Action Plan drafted**

- Child Youth and Seniors Plan 2021-2025
- Community survey conducted (150 respondents; preferred term is Seniors)

## What we will do next

Commence implementation of the Plan, with a focus on:

- Implementing a new Seniors Exercise Park
- Becoming a Dementia Friendly City
- Raising awareness of, and supporting research into, ageism
- Increasing intergenerational contact